

# Accidental Cure

By Simon Yu, MD

If you are taking any prescription medicine, it may relieve your symptoms but is it really addressing the underlying *cause* of your problems? It most likely is not. All the medicine is doing is controlling the symptoms but never addressing the underlying *cause* of the problems.

Moreover, have you ever wondered why some people who eat right, exercise, have a positive mental attitude, and take a bag full of nutritional supplements, suffer from a lingering chronic illness? Your medical practitioner can help you relieve the symptoms but seldom offers the solution to correct the underlying problems. When we are in doubt, we often blame genetics or call the symptoms “Idiopathic” which means we don’t know.

Our mind/body/spirit is unique and infinitely more complex than modern science can comprehend. When an “incurable” patient gets well by means of healing other than what traditional medicine offers, doctors often attribute it to placebo effects or spontaneous healing. Sometimes, the medical professional will go through denial by saying they think they made a wrong diagnosis.

This “accidental” healing (including placebo effects and spontaneous healing) are a lot more common than you may think. However, you have to create an opportunity for an “accidental cure” to happen. In order to do this, one must first assess the biological “terrain” or condition of the body as a whole.

Our bodies operate in all realms of “energy systems” including electrical and magnetic systems as well as the familiar bio-chemical systems. Although electrical and magnetic energies are used in diagnostic tools such as EKG (Electro Cardiogram) and MRI (Magnetic Resonance Imaging) these tools measure a “mechanistic” view of the body. However, there are other ways of measuring the “energy systems” of the body.

I measure the acupuncture meridians, the subtle human energy system, on all my patients on their first visit. Acupuncture has been practiced for several thousand years in China. (See my article on Acupuncture Meridian Assessment on my web site.) Currently, the best science cannot exactly explain the acupuncture meridians. Acupuncture Meridian Assessment, although not a diagnostic test, can reveal unique biofeedback information about a patient’s energy patterns.

These energy patterns are not measurable with the best medical instruments in conventional medical institutions. However, when used by an experienced practitioner, the instrument used for Acupuncture Meridian Assessment detects the electrical disturbance signals that can indicate hidden dental problems, environmental toxicities, hidden parasite infections, and other “imbalances” in the body. These “imbalances” are indications that the immune system is compromised and not functioning to its optimum capacity.

My assessment and recommendations may seem odd for some patients and provoke certain doubts and skepticisms. For example, based on Acupuncture Meridian Assessment, physical examinations, laboratory tests and medical history, extraction of an asymptomatic infected root canal may be recommended and the patient’s arthritis or chest pain may improve. For another patient, treating for parasites may improve not only the patient’s abdominal pain or irritable bowel but may also relieve the patient’s knee pain or headache.

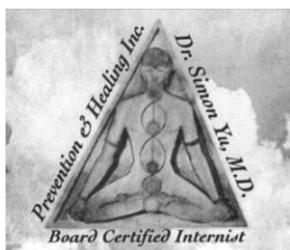
Another patient may receive EDTA chelation therapy for heavy metal toxicity and their chest pain may go away. For yet another patient, when one or a combination of the above seemingly unrelated therapies

are carried out, cancer may go into “spontaneous” remission. These phenomena are very difficult to explain by a deductionistic, western medical science. Our body/mind/spirit operates as a whole system not simply a collection of parts. It operates in a closed electrical system with an open bio-magnetic field.

On your first visit, I may not focus on your lists of complaints and symptoms but on you as a *whole* person. Rather than looking only at your “collection of symptoms” I look at your entire whole system to correct any “disturbed” or “imbalanced” meridians. The body’s immune system always tries to heal itself.

Therefore, be warned: your medical problems may not be what you think or what you have been told or diagnosed. However, discovering and correcting the underlying problems allows your body to heal itself regardless of your diagnosis. I call this healing phenomenon “Accidental Cure.” Having experienced it first-hand, I know that this process works. The first time a patient witnesses this process they are often surprised, amazed, and delighted. They then truly understand this phenomenon. If you get to the underlying causes of your problems, you may also achieve an “accidental cure.”

Dr. Simon Yu, M.D. is a Board Certified Internist. He practices Internal Medicine with an emphasis on Alternative Medicine to use the best each has to offer. For more articles and information about alternative medicine as well as patient success stories visit his web site at [www.preventionandhealing.com](http://www.preventionandhealing.com) or call Prevention and Healing, Inc., 314-432-7802. You can also attend a free monthly discussion on Alternative Medicine at Prevention and Healing on the second Tuesday each month at 6:30 pm. Please call to verify the date and reserve your space.



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